

MIELI Suomen Mielenterveys ry

MIELI Suomen Mielenterveys ry provides mental health information and services to people in Finland who are in distress or at risk of suicide.

Tel: 09 2525 0111

National Crisis Line for Crisis Assistance - Phone

National Crisis Line for Crisis Assistance - Phone offers emotional support to people in Finland who are in distress or at risk of suicide.

Tel: 01019 5202

Itsemurhien ehkäisykeskus, SOS - palvelu

Itsemurhien ehkäisykeskus, SOS - palvelu offers emotional support to people in Finland who are in distress or at risk of suicide.

Tel: 09-731391

Tel: 040-5032199