

Emotional support helpline

The emotional support helpline, operated by Aġenzija Appoġġ, provides emotional support to adults who are suffering from loneliness, are in a state of psychological crisis or thinking about committing suicide.

Tel: 116123

Supportline 179

Supportline 179 provides immediate and unbiased help to people in Malta who are seeking information, support, and/or require a referral to social service agencies.

Tel: 179

Crisis Resolution Malta

Crisis Resolution Malta provides 24-hour emotional support to people who are in distress or at risk of suicide.

Tel: 9933 9966

Kellimni

Kellimni provides 24-hour emotional support via chat to people who are in distress or at risk of suicide.

Chat: <https://kellimni.com/>