wellnesscoach
LIVE HEALTHIER, HAPPIER, LONGER.

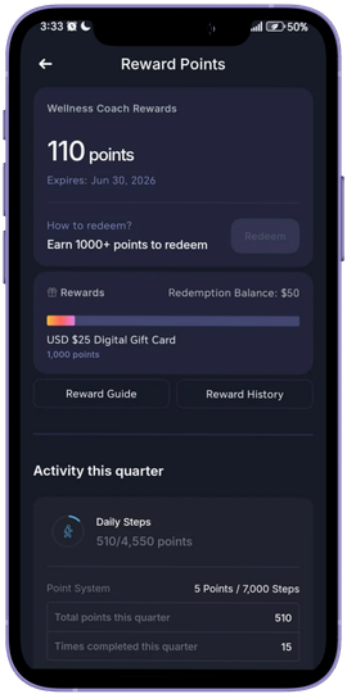
REWARDS

Earn points for healthy habits and redeem them for real rewards.

Taking care of yourself should feel good, and it should pay off! Whether you're tracking your steps, taking a minute to meditate, or crushing a team challenge, every small step builds a happier, healthier you. Here is why jumping in is a total win:

Your can start earning points by engaging with various features in the app:

- Steps & Activity
- Mindful minutes
- Challenges joined
- Wellness programs completed
- Coaching sessions booked
- Meals tracked
- Nutrition tracked
- Recognition received
- And more...

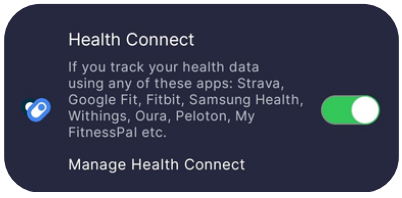


Earn Points Effortlessly

Get rewarded just for taking care of yourself! Earn points by exploring our on-demand library, syncing daily steps, smashing challenges, or even unwinding with an audiobook.

View my rewards

Knowlege Base



Want to rack up points even faster? Connect your health app today! By syncing your app and setting personalized goals, you'll easily track your daily progress, see exactly what's working, and maximize your rewards with every single step.

SCAN QR » TO DOWNLOAD WELLNESS COACH

Questions? Contact **support@wellnesscoach.live**