

Connections

We believe well-being shines brightest when it's shared. Invite your inner circle to join your journey today and grow healthier as one.

You have five Starter+ licenses to share with the people who matter most. Strengthen your support system and enjoy whole-family wellness at no cost to them!

Invite others to Wellness Coach! Your connections will get a Starter+ license featuring:

✓ **Unlock 4,000+ on-demand tools covering fitness, mindfulness, and more.**

✓ **Launch individual challenges to push your personal limits.**

✓ **Join group coaching sessions for expert guidance and community support.**

✓ **Enjoy a library of audiobooks to nourish your mind on the go.**

✓ **Master your nutrition with AI-powered tracking and instant feedback.**

How to share the licenses:

- 1. Invite your friends/family:** Go to the Share Access section on the Wellness Coach home screen. Click on Connections, then either share the QR code or copy the link to send to anyone you'd like to invite. While each Connection is linked to your account, they'll have their own private profile once they register, accessible only to them.
- 2. Invite your loved ones to get started:** Once they join, they can dive right into their Starter+ experience and start growing with you!

[Step by step](#)

[Knowledge Base](#)

**SCAN
QR**
TO DOWNLOAD
WELLNESS COACH

