



DAILY GOALS & TRACKING

No more jumping between apps!

Wellness Coach syncs automatically with Apple Health, Samsung Health, Google Fit, and Fitbit to bring your whole health picture into one simple dashboard.

Track your steps, sleep, mindfulness, hydration, workouts, and nutrition effortlessly. By keeping your stats in one place, hitting your goals and staying energized throughout the workday has never been easier. Take charge of your physical and mental health today!

Syncs automatically with the most popular health devices and apps for seamless tracking.



GARMIN



APPLE HEALTH



FITBIT



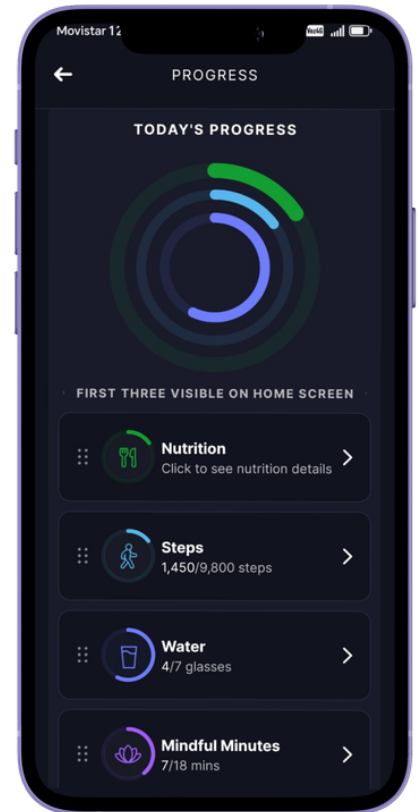
GOOGLE FIT



HEALTH CONNECT



SAMSUNG HEALTH



[Connect your health app/device](#)

[Knowledge Base](#)



SCAN
QR
TO DOWNLOAD
WELLNESS COACH



Need more information please contact sales@wellnesscoach.live