

## **Kirken SoS I Norge**

**Kirken SoS I Norge offers 24-hour service in Norway for anyone who needs to talk or write with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 0047 22 40 00 40***

## **Kirkens SOS i More og Romsdal**

**Kirkens SOS i More og Romsdal offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 70 10 09 92***

***Mobile: 480 68 328***

## **Kirkens SOS i Bjorgvin**

**Kirkens SOS i Bjorgvin offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 55 32 58 45***

## **Kirkens SOS i Tunsberg**

**Kirkens SOS i Tunsberg offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 990 84 320***

***Mobile: 990 84 320***

## **Kirkens SOS i Borg**

**Kirkens SOS i Borg offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 930 12 030***

**Kirkens SOS i Agder**

**Kirkens SOS i Agder offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: +47 400 00 415***

**Kirkens SOS Innlandet**

**Kirkens SOS Innlandet offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Mobile: 47476989***

**Kirkens SOS i Oslo**

**Kirkens SOS i Oslo offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 22 57 89 00 (09-15)***

***Mobile: 464 20 739 (daglig leder)***

**Kirkens SOS I Telemark**

**Kirkens SOS I Telemark offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 900 59 297***

### **Kirkens SOS i Rogaland**

**Kirkens SOS i Rogaland offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Mobile: 971 70 995***

### **Kirkens SOS i Nord-Halogaland**

**Kirkens SOS i Nord-Halogaland offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 90579518***

### **Kirkens SOS i Trondelag**

**Kirkens SOS i Trondelag offers 24-hour service in Norway for anyone who needs to talk with to alleviate the pain of emotional and existential crisis - and prevent suicide.**

***Tel: 92 03 45 48***

### **Mental Helse**

**Mental Helse provides telephone service and online mail service in Norway to people in crisis, suicidal, and depressed.**

***Tel: 116 123***

### **Suicide Hotline**

**Suicide Hotline provides 24-hour support to people in Norway who are in distress or at risk of suicide.**

***Tel: 4781533300***

**Oman**