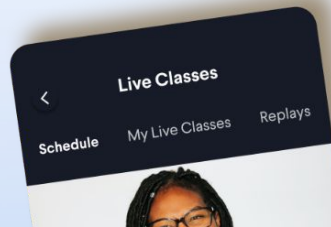
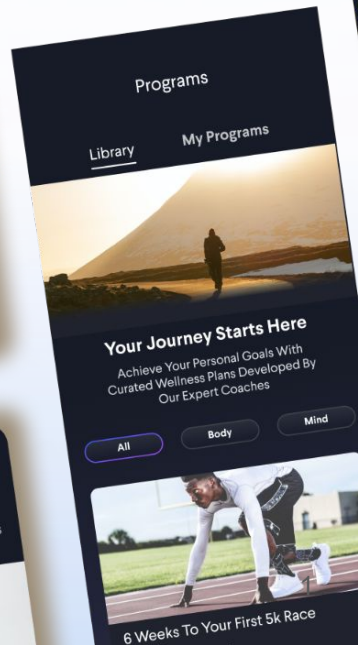
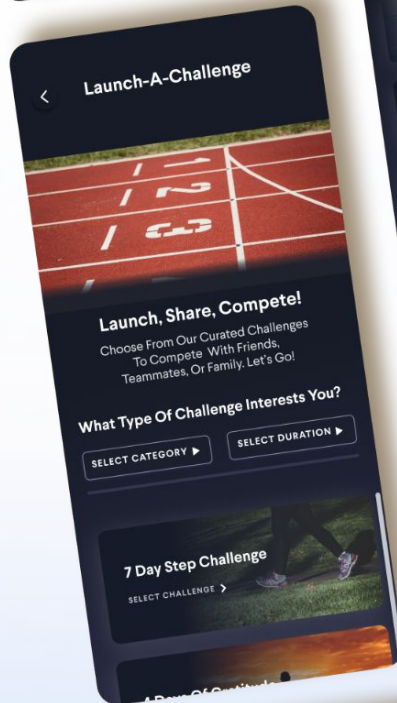
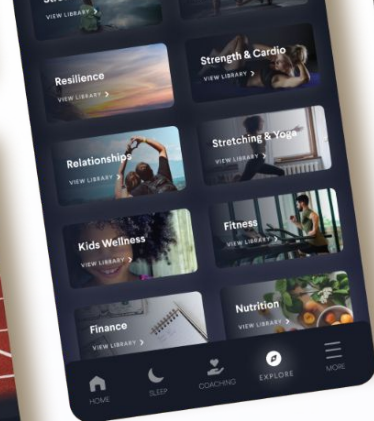
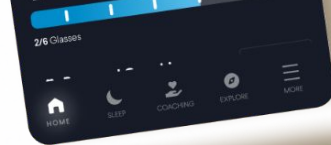




Setting Up

OKTA SSO

wellnesscoach



Wellness Coach supports Single Sign On (SSO) (Okta) to access the app with one set of login credentials

- **Single Sign On**

Okta Single Sign On (SSO) Solution provides easy and seamless access to Wellness Coach with one set of credentials, from any type of device or application whether they are in the cloud or on premise

- **Fraud Prevention**

Okta helps to prevent fraud with its dynamic risk engine in conjunction with enterprise specific security policy. It supports a combination of the Device ID, Location, and Time of access as multi-factor authentication that can help to detect and block fraud in real-time, without any interaction with the employee

- **Employee Access Management**

With SSO through Okta, employee access to Wellness Coach will be managed automatically. Any new hires will automatically get access to Wellness Coach on their date of hire and any terminated employees access will be revoked on their termination date



Wellness Coach supports both IdP (Identity Provider) and SP (Service Provider) initiated Single Sign On (SSO)

- **In IdP Initiated login, SAML request is initiated from Okta IdP**
 - Employee first authenticates through Okta Idp by logging into Okta dashboard
 - Employee will be redirected to Wellness Coach app by clicking the Wellness Coach icon on the Dashboard - there is no need to login again
- **In SP Initiated Login, SAML request is initiated from Wellness Coach**
 - Employee logs into Wellness Coach directly from Wellness Coach (web or mobile apps)
 - Employee is then redirected to Okta login page
 - From here, the employee uses their existing Okta login credentials and then can access Wellness Coach



Wellness Coach supports Active Directory sync through SCIM

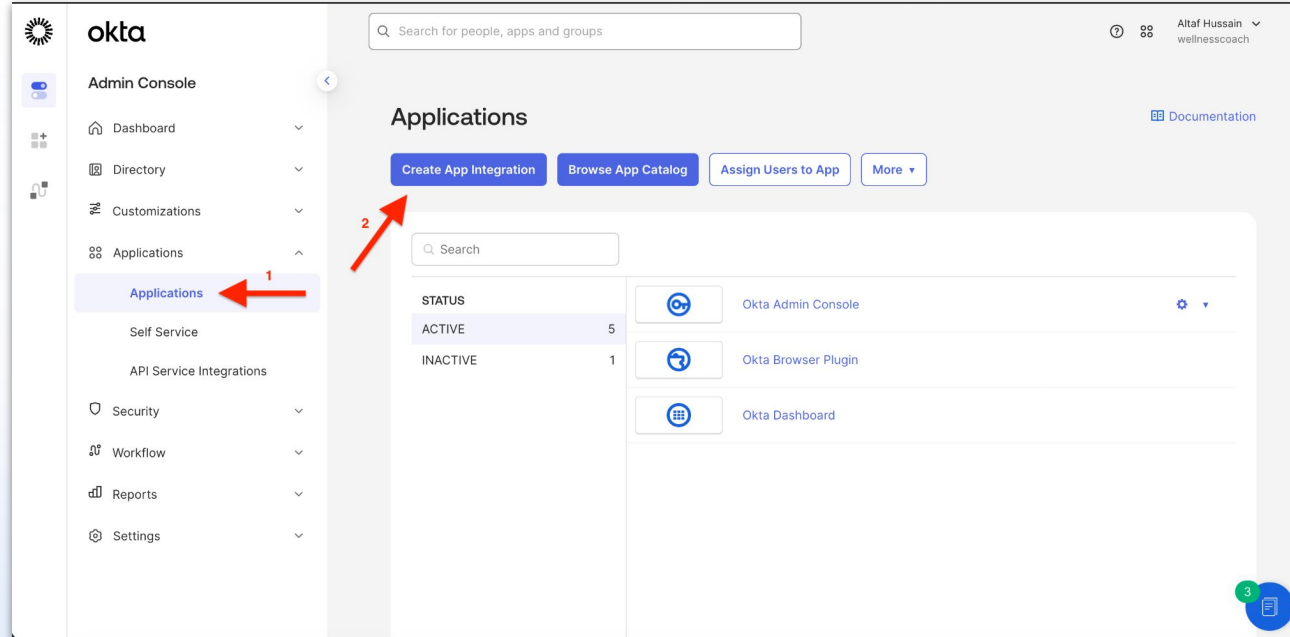
- **SCIM: System for Cross-domain Identity Management**
- **Benefits of SCIM**
 - **Employee Access Management** – the automation of enabling and disabling employees' access to Wellness Coach
 - Once an employee is added to Okta, their access to Wellness Coach is established, no additional steps are required by IT or the HR department



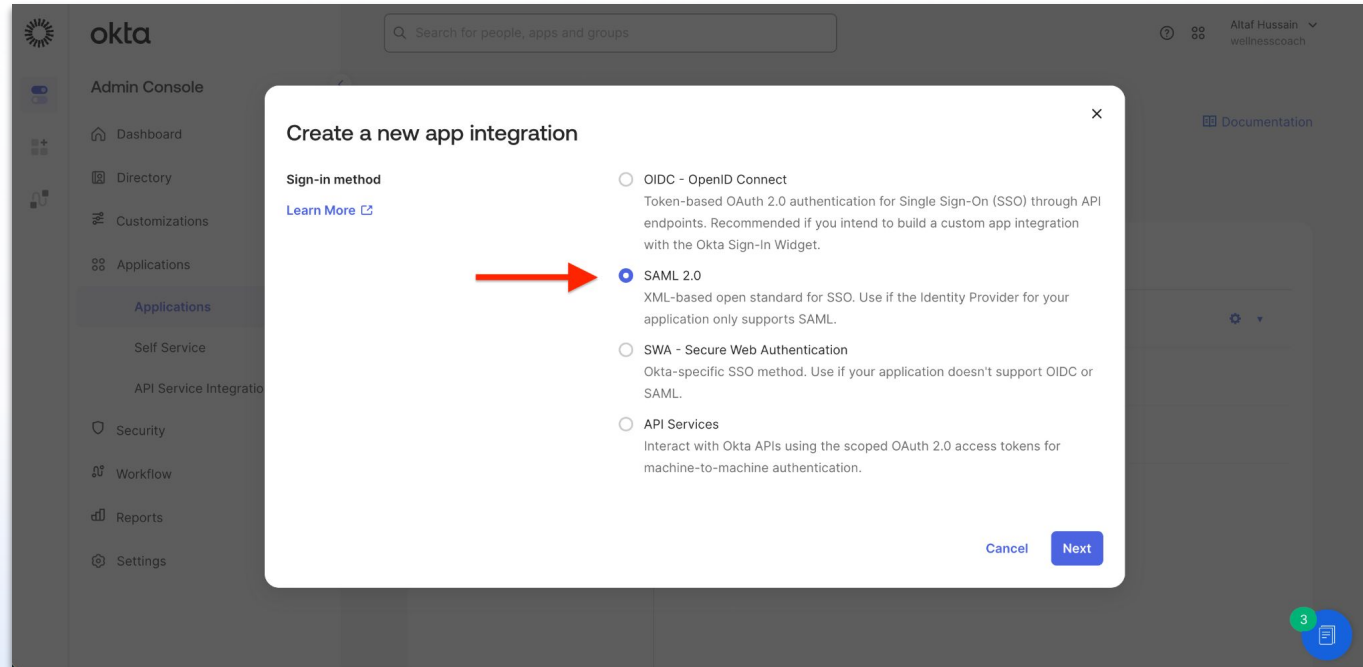
Technical Steps Needed to Launch SSO for with Wellness Coach



1. Go to Okta Admin Console
2. Click on "Applications" on left hand side menu
3. Click "Create App Integration"



Select "SAML 2.0"
Click Next



1. Enter App name “Wellness Coach”
2. Upload Wellness Coach logo supplied to you
3. Click “Next”

The screenshot shows the Okta Admin Console interface. On the left is the 'Admin Console' sidebar with options like Dashboard, Directory, Customizations, Applications, Security, Workflow, Reports, and Settings. The main area is titled 'Create SAML Integration' and has three steps: 1. General Settings, 2. Configure SAML, and 3. Feedback. Step 1 is active and shows the following fields:

- App name:** A text input field containing 'Wellness Coach'. A red arrow labeled '1' points to this field.
- App logo (optional):** A field containing a circular logo with the text 'wellnesscoach' below it. A red arrow labeled '2' points to this field.
- App visibility:** A checkbox labeled 'Do not display application icon to users' which is currently unchecked. A red arrow labeled '3' points to the 'Next' button.

At the bottom right of the 'Next' button is a small blue circle with a white document icon and the number '3' in a green circle. The footer of the page includes copyright information: '© 2025 Okta, Inc. Privacy Status site OK3 Cell (US) Version 2025.09.0 E Feedback'.



1. Type "Single sign-on URL" -> "<https://api.meditation.live/auth/sso/callback>"
2. Select "Use this for Recipient URL and Destination URL"
3. Type Audience URI (SP Entity ID) -> **"WellnessCoach"**
4. **Default Relay State**
*Key will be supplied by Wellness Coach:
Please contact your CS rep or
CustomerSuccess@wellnesscoach.live for the
key*
5. Select "Name ID Format" -> **"EmailAddress"**
6. Select "Application username" -> **"okta
username"**

The screenshot shows the Okta Admin Console interface. On the left is the 'Admin Console' sidebar with links to Dashboard, Directory, Customizations, Applications, Security, Workflow, Reports, and Settings. The main area is titled 'Create SAML Integration' and has three tabs: 'General Settings', 'Configure SAML' (active), and 'Feedback'. Under the 'Configure SAML' tab, there's a section 'SAML Settings' with a 'General' subsection. The fields and their values are: 'Single sign-on URL' (https://api.meditation.live/auth/sso/callback), 'Audience URI (SP Entity ID)' (WellnessCoach), 'Default RelayState' (685419fcea2e29c14553399a), 'Name ID format' (EmailAddress), 'Application username' (Okta username), and 'Update application username on' (Create and update). A checkbox 'Use this for Recipient URL and Destination URL' is checked. A red arrow points from the text 'Key will be supplied by Wellness Coach...' to the 'Default RelayState' field. On the right, there's a help section titled 'What does this form do?' and 'Where do I find the info this form needs?'. A 'Show Advanced Settings' link is at the bottom right.



1. Scroll page to “Attribute Statements (optional)” section
2. Enter Name “firstName” and select Value “user.firstName”
3. Click on “Add Another”
4. Enter Name “lastName” and select Value “user.lastName”
5. Click on “Add Another”
6. Enter Name “email” and select Value “user.email”

okta

Search for people, apps and groups

Admin Console

- Dashboard
- Directory
- Customizations
- Applications
 - Applications
 - Self Service
 - API Service Integrations
- Security
- Workflow
- Reports
- Settings

Attribute Statements (optional) [LEARN MORE](#)

Name	Name format (optional)	Value
firstName	Unspecified	user.firstName
lastName	Unspecified	user.lastName
email	Unspecified	user.email

[Add Another](#)

Group Attribute Statements (optional)

Name	Name format (optional)	Filter
	Unspecified	Starts with

[Add Another](#)



Click "Next"

okta

Search for people, apps and groups

Altat Hussain
wellnesscoach

Admin Console

- Dashboard
- Directory
- Customizations
- Applications
 - Applications
 - Self Service
 - API Service Integrations
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- Workflow
- Reports
- Settings

Group Attribute Statements (optional)

Name	Name format (optional)	Filter
	Unspecified	Starts with

Add Another

B Preview the SAML assertion generated from the information above

<> Preview the SAML Assertion

This shows you the XML that will be used in the assertion - use it to verify the info you entered above

Previous Cancel Next



Click "Finish"

The screenshot displays the Okta Admin Console interface. On the left is a sidebar with the 'Admin Console' header and a list of navigation items: Dashboard, Directory, Customizations, Applications, Security, Workflow, Reports, and Settings. The main content area shows a configuration step titled 'Contact app vendor'. At the top of this section is a search bar and a user profile for 'Altaf Hussain wellnesscoach'. Below the title, there is a radio button option: 'It's required to contact the vendor to enable SAML'. The form contains three text input fields: 'Which app pages did you consult to configure SAML?' (with a placeholder 'Enter links, describe where the pages are, or anything else you think is helpful'), 'Did you find SAML docs for this app?' (with a placeholder 'Enter any links here'), and 'Any tips or additional comments?' (with a placeholder 'Placeholder text'). At the bottom of the form are two buttons: 'Previous' and 'Finish'. A red arrow points from the 'Previous' button to the 'Finish' button. The footer of the page includes copyright information for 2025 Okta, Inc., and links for Privacy, Status site, OK3 Cell (US), Version 2025.08.2 E, and Feedback. A small blue circular icon with a white document symbol and a green notification bubble containing the number '3' is located in the bottom right corner.

okta

Search for people, apps and groups

Altaf Hussain
wellnesscoach

Admin Console

- Dashboard
- Directory
- Customizations
- Applications
- Security
- Workflow
- Reports
- Settings

Contact app vendor ☐ It's required to contact the vendor to enable SAML

Which app pages did you consult to configure SAML?

Enter links, describe where the pages are, or anything else you think is helpful

Did you find SAML docs for this app?

Enter any links here

Any tips or additional comments?

Placeholder text

Previous Finish

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- Make sure you are on “Sign On” tab
- Copy the metadata URL and share to wellness Coach
- Alternatively you can open the “View SAML setup Instructions” Page

The screenshot shows the Okta Admin Console interface. On the left is the Admin Console sidebar with options like Dashboard, Directory, Customizations, Applications, Self Service, API Service Integrations, Security, Workflow, Reports, and Settings. The main content area has tabs for General, Sign On, Provisioning, Import, Assignments, and Push Groups. The 'Sign On' tab is active, and the 'Settings' section is expanded. Under 'Sign on methods', the 'SAML 2.0' method is selected. The 'Metadata details' section shows the 'Metadata URL' as `https://wellnesscoach.okta.com/app/ekk1o0mrwuELN/OcY1d8/sso/saml/metadata`. A red arrow labeled '2' points to the 'Copy' button next to this URL. In the right sidebar, under the 'SAML Setup' section, there is a link 'View SAML setup instructions' which is pointed to by a red arrow.



- **Copy these three params and share to Wellness Coach**
- **Alternatively you can copy the iDP metadata and share to Wellness Coach**

[illegible]

Technical Steps Needed to Launch SCIM(Okta) with Wellness Coach



1. Select "Provisioning"
2. Click "Edit"

The screenshot displays the Okta Admin console interface for the 'Wellness Coach' application. At the top, there is a search bar and a 'Back to Applications' link. The application status is 'Active', and there are links for 'View Logs' and 'Monitor Imports'. The 'Provisioning' tab is selected, indicated by a red arrow. The left sidebar shows a navigation menu with 'Provisioning' highlighted. The main content area shows the 'SCIM Connection' settings, including 'SCIM version' (2.0), 'SCIM connector base URL', 'Unique identifier field for users', and 'Supported provisioning actions' (Import New Users and Profile Updates, Push New Users, Push Profile Updates, Push Groups, Import Groups). The 'Authentication Mode' is set to 'Basic Auth'. A red arrow points to the 'Edit' link in the top right corner of the settings panel.



1. Add SCIM 2.0 Base URL as <https://ed.wellnesscoach.live/scim>
2. Add Unique identifier field as "email"
3. Select the checkbox for the Supported provisioning actions
4. Select Authorization Mode as "HTTP Header"
5. Add Authorization token. Please send an email to Wellness Coach for the token
6. Test Connector Configuration
7. Save

The screenshot shows the Okta Admin Console interface. On the left is the Admin Console sidebar with the 'Applications' menu expanded. The main content area shows the 'SCIM Connection' configuration page under the 'Provisioning' tab. The configuration includes:

- SCIM version:** 2.0
- SCIM connector base URL:** <https://ed.wellnesscoach.live/scim>
- Unique identifier field for users:** email
- Supported provisioning actions:**
 - ☐ Import New Users and Profile Updates
 - ☒ Push New Users
 - ☒ Push Profile Updates
 - ☐ Push Groups
 - ☐ Import Groups
- Authentication Mode:** HTTP Header
- HTTP Header:**
 - Authorization:** Bearer [redacted]

At the bottom, there is a 'Test Connector Configuration' button and 'Save' and 'Cancel' buttons. Red arrows in the original image point to each of these configuration fields.



1. Test Result

