La Strada-Ukraine/Ла Страда-Україна

La Strada-Ukraine/Ла Страда-Україна is a non-governmental organization that has a

national hotline in Ukraine to prevent gender-based violence and national children's

hotline for children who need support and advice.

Mobile: 0 800 500 335 / 116 123 (National Hotline for the Prevention of Domestic

Violence, Human Trafficking, and Gender Discrimination)

Mobile: 0 800 500 225 / 116 111 (National Children's Hotline)

Lifeline Ukraine

Lifeline Ukraine is a 24/7 professional line on suicide prevention and mental health

support helpline focusing on veterans.

Tel: 7333

Telephone of confidence "Stavropyghion-058" Lviv

Telephone of confidence "Stavropyghion-058" Lviv is a mental health hotline in

Ukraine that operates from 12 am -11 pm every day.

Tel: 058

Odessa Confidence Telephone Service

Odessa Confidence Telephone Service is a mental health hotline in Ukraine that

operates from 10:00 - 08:00 every Monday-Friday and from 19:00 - 08:00 every

Saturday to Sunday.

Tel: 0487 327715

Tel: 0482 226565