

## **Harare Samaritans**

**Harare Samaritans offers 24-hour mental health services to people in Zimbabwe who are in distress or at risk of suicide.**

***Tel: 080 12 333 333***

***Tel: (4) 726 468***

***Tel: (4) 722 000***

## **Samaritans - Bulawayo**

**Samaritans - Bulawayo offers 24-hour emotional support to people across Zimbabwe who are in distress or at risk of suicide.**

***Tel: (9) 650 00 24***

## **The Samaritans - MUTARE**

**The Samaritans - MUTARE offers 24-hour emotional support to people across Zimbabwe who are in distress or at risk of suicide.**

***Tel: (20) 635 59***

